

OLIMPIC - A Newsletter covering Open Learning Innovations & Management Practices in IGNOU Regional Centre, Cochin

Vol: 3, Issue: 4

The Regional Centre (RC14), Cochin Newsletter is named as OLIMPIC in the year 2017 by the team comprising Dr. M. Rajesh (RD), Dr. Sindhu P. Nair (ARD), Dr. V.T. Jalajakumari (ARD) and Dr. Praseetha Unnikrishnan (AD)

Oct –Dec 2019

In this Issue

Collaboration for Vidyajwala-2019
Collaboration with CUSAT for Udbodh-2019
Induction Meetings (July 2019)
Orientation Programme for Academic Counselors
Exam Centre Superintendent Meeting
Term End Examinations
Innovation Club Activities
Swachh Bharat Activities
Unnath Bharath Abhiyan Activities
Promotional Initiatives
Other Activities at Regional Centre, Cochin
Study Centre Corner
Meet an IGNOU Learner

Editorial Board

Dr.J.S.Dorothy, RD
Dr.Sindhu P. Nair, ARD
Dr.V.T.Jalajakumari, ARD
Dr. S Vijayaraghavan, ARD
Dr.Praseetha Unnikrishnan, AD
Dr.L.Chandra Sekaran, PS

Technical Support

Sh. Sebastian D'Cruz, E (DP)
Sh.Mohammad Ansar T A, AE (DP)

Camera Ready Copy

Dr. Praseetha Unnikrishnan, AD

Administrative Support

Sh. K. K. Joseph, AR
Sh. K. J. Joseph, SO
Sh. K. Muralidharan, SO

IGNOU Regional Centre, Cochin

Kaloor P. O. 682 017

Ph: 0484-2348189/2340203

Email: rccochin@ignou.ac.in



Swayam Programme Team of Regional Centre, Cochin



IGNOU Regional Centre Cochin on the Map of SWAYAM Portal

IGNOU Regional Centre, Cochin is the first Regional Centre to be on the Map of SWAYAM Portal in the year 2018 with the launch of Certificate course in Environmental Sustainability on the SWAYAM platform of MHRD and the credit goes to the former Regional Director of Cochin Dr. M. Rajesh (presently Regional Director of Regional Centre, Vatakara). The course covered four independent modules- Environment and Society, Environmental Education and Jurisprudence, Environment Friendly Technologies and International Conventions on Environment and explored the complex inter-relationship of Environment with Society, Economy, Education, Law and Technology. The content for Academic transaction was facilitated by Dr. M. Rajesh by being the Principal Investigator. The course coordinators were Dr. M. Rajesh, Dr. Sindhu P. Nair, Asst. Regional Director, Dr. V.T. Jalajakumari, Asst. Regional Director and Dr. Praseetha Unnikrishnan, Asst. Director.

The first schedule of the course was run from 1st October to 15th November, 2018 as Awareness programme and subsequently re-run from 1st March to 30th April, 2019 and 1st October to 30th November, 2019 as Certificate programme. Around 6000 learners enrolled and have been benefitted from the course.

The Inputs for this section has been provided by Dr. Praseetha Unnikrishnan, Asst. Director, Regional Centre, Cochin and Dr. M. Rajesh, Regional Director, Vatakara.

Collaboration for Vidyajwala-2019

IGNOU Regional Centre, Cochin in collaboration with Vidyodaya School, Thevakkal, Ernakulam, Cochin organized a One day Teachers' Conclave called 'Vidyajwala-2019' on 18th October 2019 at the Vidyodaya School premises. This was the first academic initiative without financial liability on IGNOU Regional Centre, Cochin. The one day Teachers' Conclave gave an opportunity to discuss about various contemporary issues in Education. The Conclave included Paper Presentation, Poster Presentation and Colloquium on pre-decided themes on various aspects of Education. Around 200 Teachers from 35 schools of Cochin and IGNOU representatives of Regional Centre Cochin participated in the Conclave.



Dr. J.S. Dorothy, Regional Director, Regional Centre, Cochin (second from right) in the Pre-Conclave meeting with Ms. Esther Agnes, Principal (first from left) and representatives of Vidyodaya School and Regional Centre Officials at IGNOU Regional Centre, Cochin on 21.08.2019.



Dignitaries at the Inaugural session of Vidyajwala- 2019 on 18.10.2019. (from L to R; Dr. P Sreekumar, Ex. Trustee, Vidyodaya School; Major M G Nair, Vice Chairman, Vidyodaya School; Ms. Esther Agnes, Principal, Vidyodaya School; Dr. J Letha, Pro. Vice Chancellor, Jain University, Cochin Campus; Col. V Krishnan, Chairman, Vidyodaya School; Dr. Sindhu P Nair, ARD, IGNOU Regional Centre Cochin and Ms. Usha V, Coordinator of Vidyajwala-2019)

In the Inaugural session, the 'Keynote Address' was given by Dr. P. Sreekumar, Executive Trustee and Dr. J. Letha, Pro Vice-Chancellor, Jain University delivered the 'Inaugural Address' in which Dr. Letha shared her journey as a Teacher with practical examples and ideas of being an effective Teacher. According to Dr. Letha, understanding students from their perspective, identifying their capabilities, involving them in classroom activities and 'Know your student well' are important strategies for being an effective Teacher.



Dr. Sindhu P. Nair, ARD lighting the Lamp during the Inaugural Ceremony of Vidyajwala-2019



Dr. Sindhu P. Nair, ARD addressing the gathering during Inaugural Ceremony of Vidyajwala 2019



Participants of Vidyajwala 2019

The felicitation address was given by Dr. Sindhu P. Nair, In-charge, Regional Centre, Cochin the content of which was written by Dr. J.S. Dorothy, Regional Director, Regional Centre, Cochin. In the address, Dr. Sindhu P. Nair read out the inauguration speech prepared by Dr. J.S. Dorothy, Regional Director in which it was highlighted that Education is a continuous training and lifelong learning and needs to be consistent in a teacher's journey. It was envisaged that the present Teachers' Conclave would give an opportunity to teachers' to update their knowledge on a wide variety of themes ranging from inclusive education to recent trends in classroom teaching. After the Inaugural meeting, there was a Paper presentation by three teachers on pre-decided themes (Empower the Students to empower Nation, Psycho-Social Well being of Students and Experimental learning – Major step towards Skill development). Dr. V.T. Jalajakumari, ARD were on the panel of judges for the Paper Presentation.



Dr. V.T. Jalajakumari, ARD (extreme left) judging the Paper Presentation of Vidyajwala 2019

After Paper Presentation, the displayed Poster presentation was held. The teachers described posters on pre-decided themes (Better learning milieu, Classroom – a miniature of the community, Bell & Cell – world is changing but schools ???, From 'menu' driven model of curriculum to 'buffet' model, Futuristic schools (Values, skills, inclusivity) and Going beyond the textbook). About 27 teachers participated in the competition. Dr. Praseetha Unnikrishnan, AD and Shri. K. K. Joseph, AR from IGNOU Regional Centre, Cochin were on the panel of judges for the poster competition. The next event of the day was 'Colloquium' which reflected on the topic 'Art Integration – a path breaking initiative by CBSE'. The theme motivated Teachers to think 'out of the box' and

present their view on the same. Dr. Sindhu P. Nair, ARD and Dr. L. Chandra Sekaran, PS, Regional Centre, Cochin were present on the panel of judges for the Colloquium.



Dr. Praseetha Unnikrishnan, AD (extreme left) and Sh. K K Joseph, AR (second to left) judging the Poster Presentation of Vidyajwala 2019



Dr. Sindhu P. Nair, ARD (left) and Dr. L. Chandra Sekaran, PS (right) judging the Colloquium during Vidyajwala 2019



Dr. B Sukumar, RD, Regional Centre, Trivandrum delivering the Valedictory address during Vidyajwala-2019

During the period of the programme, IGNOU Regional Centre, Cochin had set up a Promotional stall within the premises of Venue of Vidyajwala-2019. IGNOU admission information brochures and other promotional materials including Programme Guides of various programmes were

exhibited in the Regional Centre stall. This was followed by an awareness address by Dr. Praseetha Unnikrishnan, AD.

The event ended with a valediction ceremony in which prizes were distributed amongst the winners. Dr. B. Sukumar, RD, Regional Centre, Trivandrum delivered the valedictory address stressing the importance of Education in lives of both students and teachers.

Partner with CUSAT for Udbodh 2019

IGNOU Regional Centre, Cochin participated as Partner Institution without financial liability for Project 'Udbodh'-2019 (Udbodh in Sanskrit means 'to awaken' or 'to illumine') an initiative to make Kochi a Dementia friendly city with Department of Neuroscience, CUSAT, IGNOU. One of the activities of Udbodh is International Conference on Alzheimers Disease: In science and Society held from 01.11.2019 to 03.11.2019.



Officials/ Staff addressing the enquiries of the Visitors of IGNOU stall regarding IGNOU programmes at Udbodh-2019 from 01.11.2019 to 03.11.2019

Dr. Sindhu P. Nair, ARD, Dr. Praseetha Unnikrishnan, AD and Ms.Sujini Babu, Assistant represented Regional Centre, Cochin in the International Conference on Alzheimers Disease: In science and Society at CUSAT, Cochin. This was sequel to the Training Programme conducted for Volunteers of Udbodh Programme under Placement Activity of Regional Centre, Cochin on 01.09.2019.

During the period of the programme , IGNOU Regional Centre, Cochin had set up a Promotional stall within the premises of Venue of the Conference. IGNOU admission information brochures and other promotional materials including Programme Guides of various programmes were exhibited in the Regional Centre stall.

Induction Meetings (July 2019)

The Induction meetings for the July 2019 session was held from 11th October, 2019 onwards. Thirteen Induction meetings were conducted for 10192 Learners of Fresh Admissions of July 2019. The meetings were conducted at both the Regional Centre Campus and the individual study centre venue. The Induction meeting started with the Learners attached to the IGNOU Model Study Centre 14000 functioning with Regional Centre Campus. Similarly, the local LSC learners were called for the Induction meeting to the Regional Centre Campus itself. For the Induction meetings held at the Regional Centre Campus, representatives from each of the local LSCs were present. The Schedule webhosted on the Regional Centre, Cochin website and adhered to is as given below:

S No	Date	Place	Name of Regional Centre Officials who Participated
1	11.10.2019	Regional Centre, Kaloor	Dr. J.S. Dorothy, RD Dr. Sindhu P Nair, ARD Dr. Praseetha U, AD
2	12.10.2019	SC 14127 Nirmala College, Muvattupuzha	Dr. V.T. Jalajakumari, ARD
3	12.10.2019	SC 1407 Sree Kerala Varma College, Thrissur	Dr. Praseetha U, AD
4	12.10.2019	SSC 14178 Darul Huda Islamic Madrasa, Vadakkancheri	Dr. Praseetha U, AD
5	12.10.2019	SC 14181 – JPM Arts & Science College, Kattappana	Dr L. Chandra Sekaran (PS)
6	13.10.2019	SC 1402 SH College, Thevara	Dr. Sindhu P Nair, ARD
7	13.10.2019	SC 14169 -Danahalaya, Institute of Formation and Counseling Centre, Mar Gregarious College, Punnappa	Dr. Sindhu P Nair, ARD
8	13.10.2019	SC 1406- CMS College Great Hall, Kottayam	Dr. V.T. Jalajakumari, ARD
9	15.10.2019	Regional Centre, Kaloor	Dr. J.S. Dorothy, RD Dr. Sindhu P Nair, ARD Dr. V.T. Jalajakumari, ARD Dr. S Vijayaragavan, ARD Dr. Praseetha U, AD
10	16.10.2019	Regional Centre, Kaloor	Dr. J.S. Dorothy, RD Dr. Sindhu P Nair, ARD Dr. V.T. Jalajakumari, ARD Dr. Praseetha U, AD
11	17.10.2019	Regional Centre, Kaloor	Dr. Sindhu P Nair, ARD Dr. Praseetha U, AD

S No	Date	Place	Name of Regional Centre Officials who Participated
12	20.11.2019	SSC 14168D Central Prison, Viyyur	Dr. Praseetha U, AD
13	02.12.2019	SSC 14176- Nehru Yuva Kendra Sangathan, Kavarathy, UT of Lakshadweep	Dr. V.T. Jalajakumari, ARD

The Learners were briefed by the Academics/Representative from LSC about IGNOU, its organizational structure; concepts related to ODL; advantages of studying through the distance mode; Students Support Services provided at Regional centre; Teacher in built Self-instructional; the Check Your Progress exercise-as part of the self evaluation related to subject matter in each unit of the Study material; importance of Academic Counseling; availability of Assignment questions in the website, how to write assignment response, when to submit, and its weightage for Internal assessment; Preparation for TEE and submission TEE forms in time. In addition, Special mention of the CBCS System, e-content delivery of Self Learning Material were also the highlights of the Induction Meeting.



Dr. Praseetha Unnikrishnan, AD addressing the learners at the Induction meeting held at SSC-14178D Darul Huda Islamic Madrasa, Vadakkancheri on 12.10.2019



Dr. L. Chandra Sekaran, PS addressing the learners at the Induction meeting at JPM College, Kattappana on 12.10.2019



'Learning through ODL mode with IGNOU' address by Dr. J.S. Dorothy, Regional Director at the Induction meeting held at Regional Centre Campus on 15.10.2019.



Dr. Praseetha Unnikrishnan, AD addressing the learners at the Induction meeting held at SC 1407 Sree Kerala Varma College, Thrissur on 12.10.2019



Dr. V T Jalajakumari, ARD addressing the learners at the Induction meeting held at SC 14127 Nirmala College, Muvattupuzha on 12.10.2019



Dr. Sindhu P Nair, ARD addressing the learners at the Induction meeting held at SC 14169 Danahalya, Institute of Formation and Counseling Centre, Mar Gregarious College, Punnapra on 13.10.2019



Sh. Vijayakumar, Coordinator of SC 14157, addressing the learners at the Induction Meeting held at Regional Centre Campus on 15.10.2019



Dr. Praseetha Unnikrishnan, AD addressing the learners at the Induction meeting held at SSC 14168D Central Prison, Viyyur, Thrissur on 20.11.2019



Dr. V T Jalajakumari, ARD addressing the learners at the Induction meeting held at SC 1406 CMS College, Kottayam on 13.10.2019



Dr. V T Jalajakumari, ARD addressing the learners at the Induction meeting held at SSC 14176- Nehru Yuva Kendra Sangathan, Kavarathy, UT of Lakshadweep on 02.12.2019



Learners during Induction meeting at Regional Centre Campus with Academics and SC 14000 staff on 11.10.2019



Dr. V.T. Jalajakumari, ARD addressing the MA Psychology learners of SC 14000 at the Induction Meeting held at Regional Centre Campus.

Orientation Programme for Academic counselors

A one day Orientation Programme for the empanelled Academic counselors of the newly established LSC 14187 St. Michael's College (SMC), Cherthala was held on 25th October 2019 at the premises of St. Michael's College, Cherthala.



Inaugural address by Dr. M Mathew, Syndicate Member of University of Kerala & Principal, St. Michael's College (SMC), Cherthala during the Orientation Programme for empanelled Academic counselors on 25.10.2019



Dr. Praseetha Unnikrishnan, AD addressing the participants during the Orientation Programme for Academic counselors of the newly established LSC 14187 at St. Michael's College (SMC), Cherthala on 25.10.2019



Dr. V. T. Jalajakumari, ARD addressing the participants during the Orientation Programme for Academic counselors of the newly established LSC 14187 at St. Michael's College (SMC), Cherthala on 25.10.2019

Amongst the 23 newly empanelled academic counselors, 19 participated in the Orientation Programme. Sh. Hari. U, Coordinator of IGNOU RSC-14187 welcomed the gathering. In the inaugural address Dr. V Mathew, Syndicate Member of University of Kerala & Principal, St. Michael's College (SMC), Cherthala gave a detailed overview of the changing scenario of Higher Education through ODL system and the role of IGNOU in increasing reach of Higher Education in India.



Participants at the Orientation Programme for Academic counselors of the newly established LSC 14187 at St. Michael's College (SMC), Cherthala on 25.10.2019

Dr. Praseetha Unnikrishnan, Assistant Director discussed the topics - Introduction to ODL, Cycle of Admission, and Academic Counseling for Theory and Practical. The characteristics of Distance Learners, Admission cycles prevalent in IGNOU, Learner Support in ODL system, problems of Open and Distance Learners and role of academic counselors was also emphasized.

Dr. V. T. Jalajakumari Asst. Regional Director, was the Resource Person. A detailed presentation on IGNOU SLMs, its characteristic and structure, the role of Academic Counselors, Introduction of Online Empanelment of Academic Counselors in IGNOU, Description and Hands on Experience on Online Empanelment of Academic Counselors, brief at Projects, Submission of Synopsis, Submission of Dissertation and conduct of Viva-Voce were the key areas deliberated by the Resource Person. The programme was interactive with discussion based deliberations.

Exam Centres Superintendent Meeting

The Regional Centre, Cochin conducted an one day meeting on 27th November, 2019 for all Exam Centre Superintendent in preparation to Term End Examinations for December 2019.

Dr. S. Vijayaragavan ARD welcomed the gathering. In the Inaugural address, Dr. J.S. Dorothy, Regional Director gave a detailed description about the modalities for the conduct of the Term End Examination, the changed jurisdiction for dispatch of answer sheets and the role of the Learner Support Centres in the smooth conduct of the Examination so that the access into the programme of Study leads to the successful completion of the Programme for a learner.



Dr. J.S. Dorothy, Regional Director addressing the Exam Centres Superintendent Meeting on 27.11.2019



Session on IGNOU Term End Examination by Dr. S. Vijayaragavan, ARD in the Exam Centres Superintendent Meeting on 27.11.2019



Regional Centre Staff alongwith all Exam Centres Superintendent on the meeting held on 27.11.2019

Dr. Sindhu P. Nair, ARD presented the information on Online Question Paper Delivery System (OQPDS) for the Term End Examination. Mr. Joji S Pattathil, Deputy Registrar of Regional Evaluation Centre, Cochin highlighted the jurisdiction details of REC Cochin, dispatch of answer sheet after completion of examination and time scheduled for declaration result and revaluation for TEE Dec 2019. Dr. Praseetha Unnikrishnan, AD addressed the Exam Centre Superintendent for promotional activities at LSCs. Dr. V.T. Jalajakumari, ARD discussed about newly introduced CBCS for IGNOU programmes.

Term End Examination (December 2019)

The IGNOU Term End Examination was conducted in the month of December 2019. The Examinations were conducted at 14 Examination Centres under the region at Ernakulam, Kottayam, Idukki, Thrissur and Union Territory of Lakshadweep with 13593 registered examinees. The Examinations were conducted smoothly in all Districts under Regional Centre Cochin. The Model Study Centre SC 14000 functioning from Regional centre Campus also served as the Examination Centre.

Innovation Club Activities

The Innovation Club at Regional Centre, Cochin was initiated under the encouragement of the National Centre for Innovation in Distance Education (NCIDE) of IGNOU. Dr. Praseetha Unnikrishnan, AD is the Nodal Officer for Innovation Club at Regional Centre, Cochin. Two of monthly lectures identified as Open session cum Enrichment Session were held at the Regional Centre, Cochin as per the following schedule.

S. No	Date	Resource Person	Topic of Presentation
1	31.10.2019	Dr. Sindhu P Nair, ARD, IGNOU Regional Centre, Cochin	Time Management
2	26.11.2019	Dr. V.T. Jalajakumari, ARD, IGNOU Regional Centre, Cochin	Domestic Environmentalism – Approaches and Strategies



Dr. Sindhu P Nair, ARD, IGNOU Regional Centre, Cochin also Resource Person addressing learners during the Open cum Enrichment session on 31.10.2019



Dr. V.T. Jalajakumari, ARD, IGNOU Regional Centre, Cochin also Resource Person addressing Learners during the Open cum Enrichment session on 26.11.2019



The participants of the Enrichment Session held on 26.11.2019 with Regional Centre staff (First Row).

Swachh Bharat Activities

The involvement of the Staff to sustain a clean environment in the campus was ensured at Regional Centre, Cochin. A cleaning drive on the eve of Gandhi Jayanthi celebration was held in the Regional Centre on 02.10.2019 which was coordinated by Dr. Sindhu P. Nair, ARD. The staff of Regional Centre, the Model Study Centre 14000 and Regional Evaluation Centre participated in the cleaning drive.



Staff of Regional Centre, Cochin, Model Study Centre 14000 and Regional Evaluation Centre, Cochin after the cleaning drive at Regional Centre Campus on 02.10.2020 as part of Gandhi Jayanthi Celebrations.

Unnath Bharat Abhiyan Activities

As a part of UBA activity of Regional Centre, Cochin a 'Plastic free-village campaign' was organized at Sarvajana Higher Secondary School, Puthucode in Palakkad District and Francis Assissi Higher Secondary School, Arthungal-one of the adopted village under UBA along with National Service Scheme (NSS) team of St. Michael's College, Cherthala in Alappuzha District on 03.10.2019 and 11.10.2019 respectively. The visits were undertaken by Dr. Sindhu P Nair, ARD and Sh. Sebastian D'Cruz, EDP on

03.10.2019 and Dr. V.T. Jalajakumari, ARD on 11.10.2019. IGNOU Programme Study Centre 14180P VICAS, Punnappara also participated in the campaign by collecting used clothes to make Eco friendly clothbag to replace plastic grow bags for planting samplings. Efforts required to make the village 'Plastic free' by the students, parents and the community was elaborated upon during the interactions. The activity under UBA activity was coordinated by Dr. Sindhu P. Nair, ARD who is the nodal officer for UBA at Regional Centre, Cochin.



Interacting with the staff & students of Sarvajana Higher Secondary School, Puthucode by Dr. Sindhu P. Nair, ARD on 03.10.2019



IGNOU Campaign on 'Plastic free-village' amongst students of Puthucode on 03.10.2019



Dr.V.T. Jalajakumari, ARD addressing students and parents at Francis Assissi Higher Secondary School, Arthungal on 11.10.2019

Promotional Initiatives

Promotional Meetings, Campaigns and Events targetting increasing enrolment for January 2020 Admission cycle were organized by the Regional Centre, Cochin at various Study Centres and other Institutions to promote IGNOU programmes by reaching out to the unreached.

Promotion through AIR Kochi

Representing Regional Centre, Cochin Dr. V.T. Jalajakumari, ARD participated in one hour Phone-in programme on IGNOU Programmes at AIR Kochi on 20.12.2019. This programme was made possible due to the efforts of Dr. Sindhu P. Nair, ARD and Dr. Geetha, AIR.

Other Promotional Initiatives



Dr. Praseetha Unnikrishnan, AD addressing Teachers/other staff about IGNOU programmes at Vidyajwala 2019 held at Vidyodaya School, Thevakkal on 18.10.2019



IGNOU Promotional Stall at the Entrance of Vidyajwala-2019 at Vidyodaya School, Thevakkal on 18.10.2019



IGNOU Promotional stall at the Entrance of 'Udbodh-2019' Conference from 01.11.2019 to 03.11.2019



Admission Campaign by Dr. Praseetha Unnikrishnan, AD and Sh. Sabu N G, Assistant at SSC 14168D, Central Prison, Viyyur, Thirssur on 20.11.2019



Dr. V.T. Jalajakumari, ARD addressing the Kudumbasree members at Kattappana Municipality on 26.12.2019 as part of promotion of IGNOU programme

Other Activities at Regional Centre, Cochin

Foundation Day Celebrations

The 34th Foundation day of the University was celebrated on 19th November 2019 at IGNOU Head Quarters, New Delhi and simultaneously at the Regional Centres across the Country. The staff of both Regional Centre, Cochin and the Regional Evaluation Centre, Cochin attended the programme. A video made from 10.10.2019 to 15.10.2019 is available in the link: http://rcccochin.ignou.ac.in/news/detail/1/A_video_about_Regional_Centre_Cochin_and_its_activities-131 in the Regional Centre, Cochin website.

Dr. Sindhu P Nair, ARD addressed the gathering and briefed the significance of Foundation day of the University. Mr. Jojoy S. Pattathil, Dy. Registrar of REC Cochin also addressed the staff during the occasion. The webcast of the Foundation day programme at IGNOU Head Quarters was attended by the staff of Regional Centre, Model Study Centre 14000 and Regional Evaluation Centre, Cochin.



Staff of Regional Centre, Cochin, Model Study Centre 14000 and Regional Evaluation Centre, Cochin during the 34th Foundation day celebration on 19.11.2019

Dr. K.S. Divakaran Nair, former RD and Mrs. Tharadevi, Retired Executive of Regional Centre, Cochin graced the occasion by their presence.

Rashtriya Ekta Diwas (National unity Day)

IGNOU celebrated the Rashtriya Ekta Diwas (National Unity Day) on 31st October, 2019 on the Birth Anniversary of Sardar Vallabhbhai Patel at Regional Centre, Cochin. It was attended by staff of Regional Centre, Model Study Centre 14000 and Regional Evaluation Centre, Cochin. Dr. Sindhu P Nair, Assistant Regional Director addressed the gathering. The 'Rashtriya Ekta Diwas' pledge was administered to staff of IGNOU Regional Centre, Model Study Centre 14000 and Regional Evaluation Centre.



Dr. Sindhu P. Nair, ARD administering pledge on 31.10.2019 as a part of National unity Day

Vigilance Awareness Week

The Regional Centre jointly with Model Study Centre 14000 and Regional Evaluation Centre, observed Vigilance Awareness Week from 28.10.2019 to 02.11.2019.



Integrity pledge administered to Regional Centre staff by Sh. K K. Joseph, AR on 28.10.2019

As part of the Awareness week activities, the Integrity pledge was administered to all participants. The staff of Regional Centre and Regional Evaluation Centre participated in the programme

Study Material Distribution

The Regional Centre, Cochin undertook the time bound dispatch of study materials to the students of the region and other Regional Centres as per Head Quarters Schedule. More than 1173 packets were dispatched by the Regional Centre for July 2019 session.

Workshops/Conference/Meetings attended by Staff

- Dr. V.T. Jalajakumari, ARD was a Resource person for two sessions at UGC HRDC Calicut University on E-Content development conducted for faculty of Social Sciences on 19.10.2019
- Dr. S. Vijayaragavan, ARD attended conference 'FESA-2019' at Periyar University Salem on 16.10.2019 to 18.10.2019.
- Dr. Praseetha Unnikrishnan, AD attended the 69th meeting of Kochi Town Official Language Implementation Committee on 29.10.2019.
- Dr. V.T. Jalajakumari, ARD participated in the BEd Admission Counselling held at the Nodal Office at Regional Centre, Madurai on 29.11.2019
- Dr. Sindhu P. Nair, ARD and Dr. Praseetha Unnikrishnan, AD attended the International Conference on Alzheimers Disease: In science and Society from 01.11.2019 to 03.11.2019 while coordinating the same as academic initiative of Regional centre, Cochin.

Study Centre Corner

SC 14165 – Bharata Mata College, Thrikkakkara

Bharata Mata College is a Nationally accredited first grade Arts and Science co-educational Institution of higher learning in the aided sector, under Bharata Mata Educational Trust owned and managed by the Archdiocese of Ernakulam-Angamaly. Established in 1965 by His Eminence the late Joseph Cardinal Parecattil, the college is affiliated to the Mahatma Gandhi University, Kottayam. The college was included under section 2 (f) and 12 (b) of UGC Act 1956 in 1976 and accredited at the A level by NAAC in 2014.

The Bharata Mata College is a vision conceptualized by its Founder Patron Cardinal Parecattil for a centre for advanced learning for the economically deprived, socially downtrodden and educationally disadvantaged sections of the then underdeveloped Thrikkakara and its rural community which comprised the minority communities, of whom a majority are Muslims, some Christians and others being Dalits. The establishment of the college was the realization of a long and elusive dream of the people of the locality for a higher education institution in the lap of Thrikkakara Panchayat.



Fr. Varghese Paul Thottiyil. Coordinator of IGNOU Study Centre SC 14165 at IGNOU Office in Bharata Mata College, Thrikkakkara.

IGNOU Study Centre SC 14165 is functioning from the campus of Bharata Mata College, Thrikkakkara. It is a Regular Study Centre established under Regional Centre Cochin in the year 2013 during the tenure of Dr. M. Rajesh, Former Regional Director of Regional centre, Cochin with 148 students and has presently grown to 355 IGNOU students as on July, 2019. There are twelve IGNOU programmes activated at this Study centre which include various Masters, Bachelors, Post Graduate Diploma, Diploma and Certificate level programmes.

IGNOU Regional centre Cochin thanks Fr. Varghese Paul Thottiyil, the Coordinator, IGNOU Study Centre SC 14165 Bharata Mata College, Thrikkakkara for providing inputs about the Host Institution on behalf of the Management of Host Institution of Learner Support Centre 14165 for this issue of Newsletter.

Meet an IGNOU Learner



Dr. P.A. Mary Anitha, is an IGNOU MAPC student and the Founder chairman of Centre For Empowerment & Enrichment (CEFEE) with a vision to empower differently abled and with a motto "I AM DIFFERENT, NOT LESS".

According to Ms. Mary Anitha "It is your choice of how to live and what you want to be. It's not just destiny. I was a fourth standard failure once, but now I have four Post Graduate Degrees and a PhD. No doubt I am a dream chaser, now I say I live in it. Because, it was my dream to have an organization for the benefit of differently abled. It is ascertained that one should have money for the fulfillment of dream. You cannot go to someone to get the money for your dream, moreover fulfillment of dream is not a business!. What you can gain from the organization is not just money but, self actualization. The peak of any motivation models!"

Ms. Mary is of the opinion that the flexibility in pursuing programmes through distance mode attracted her towards IGNOU and this helped her enhance her knowledge and skills towards attainment of her goals specifically focusing on differently abled which is her area of interest.

The inputs from Ms. Mary was on basis of inputs provided to Dr. Praseetha Unnikrishnan, AD, Regional Centre, Cochin and efforts of Dr. Prema A.K., Coordinator, IGNOU Model Study Centre 14000.

IGNOU Regional Centre, is proud of her achievements and wishes her the very best in all her future endeavors!
