

## OLIMPIC - a Newsletter covering Open Learning Innovations & Management Practices in IGNOU Regional Centre, Cochin

**Vol: 5, Issue: 1** { The Regional Centre (RC14), Cochin Newsletter is named as OLIMPIC in the year 2017 by the team comprising Dr. M. Rajesh (RD), Dr. Sindhu P. Nair (DD), Dr. V.T. Jalajakumari (ARD) and Dr. Praseetha Unnikrishnan (AD) }

Jan – March 2021

### In this Issue

NAAC Visit at Regional Centre Cochin  
 Induction Meeting (July 2020)  
 Exam Centre Superintendents Meeting  
 Orientation Programme for Part-Time Staff  
 Term End Examination (December 2020)  
 Online Counselling  
 Innovation Club Activities  
 Promotional initiatives  
 Other Activities at Regional Centre, Cochin  
 Study Centre Corner  
 Meet an IGNOU Learner

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 Sh. Mohammad Ansar T A, AE (DP)

### Camera Ready Copy

Dr. Praseetha Unnikrishnan, AD

### Content Editing and Proof reading

Dr. J.S. Dorothy, RD

### Administrative Support

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 Sh. K. Muraleedharan, SO

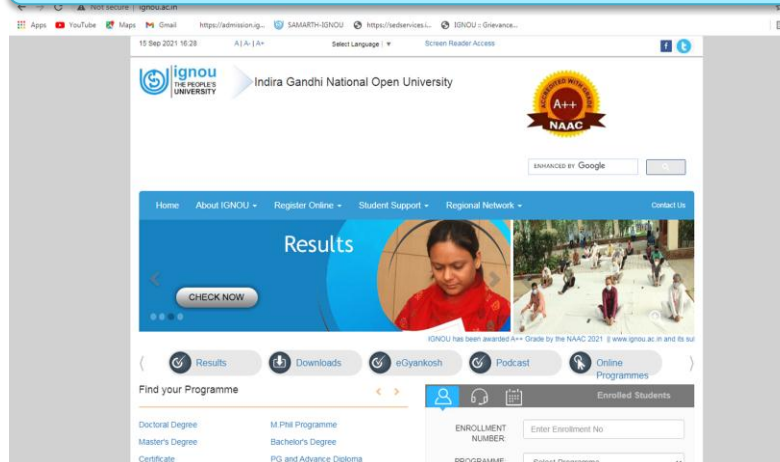
### **IGNOU Regional Centre, Cochin**

**Kaloor P. O. 682 017**

Ph: 0484-2340203

Email: rccochin@ignou.ac.in

### IGNOU Accredited with NAAC A++



Indira Gandhi National Open University (IGNOU) has been awarded with A++ by NAAC. This has been one of the greatest milestones for IGNOU as the University continues with its resolve and determination to reach out to the unreached under the able guidance and dynamic leadership of Hon'ble Vice Chancellor Prof. Nageshwar Rao.

IGNOU Regional Centre, Cochin was also privileged to be a part of the NAAC Accreditation process, as the NAAC Peer Team Observer Dr. Prof. D. Sreeramulu, Dean, Osmania University, Hyderabad visited Regional Centre, Cochin campus and two Learner Support Centres (under Regional Centre, Cochin) on 02<sup>nd</sup> January, 2021.

The Peer Team Observer Prof. D. Sreeramulu appreciated the efforts made by IGNOU Regional Centre, Cochin and its contribution towards the Digital India initiative, ensuring financial literacy, maximizing digital money through online admission / contactless payment, help desk for learners at Regional Centre and LSC.

With the due support and co-operation from all Learner Support Centres, IGNOU Regional Centre, Cochin aspires to continue its efforts in reaching out to the unreached with sustained and renewed vigor.

*IGNOU Regional Centre, Cochin appreciates the efforts put forth by all Coordinators/Programme-In Charges/Staff of all LSC under Regional Centre, Cochin for the support extended for the NAAC Accreditation process and visit!*



## NAAC Peer Team visit at Regional Centre Cochin

The NAAC Peer Team Observer Dr. Prof. D. Sreeramulu, Dean, Osmania University, Hyderabad visited Regional Centre, Cochin campus on 2nd January, 2021. Dr. Praseetha Unnikrishnan, AD and Nodal Officer for NAAC activities coordinated the event at the Regional Centre and at the LSC (Sacred Heart College, Thevara and Al-Ameen College, Edathala) which was visited on 02.01.2021.

The presentation by Dr. J.S. Dorothy, Regional Director in front of NAAC Nodal Officer included the activities of Regional Centre, Regional Evaluation Centre and LSC 14000 in the presence of the audience comprising local Coordinators/PIC, Staff of Regional Centre and Regional Evaluation Centre and LSC representatives.



*NAAC Observer with Staff of Regional Centre and Regional Evaluation Centre, Cochin*



*NAAC Observer at Regional Evaluation Centre, Cochin*

The Observer expressed that Academic profile of the five academic staff at Regional Centre Cochin is rich with continuing education qualifications upon appointment by ways of earning degree and certification through SWAYAM portal. The publications credit and record of presenting papers in Seminar/Conference was also appreciated for the academics. The Authorities have facilitated the Academics to keep abreast with the knowledge by allowing to attend FDP/Refresher Programme. Three of the five

academics are National Faculty for MOOCS in the SWAYAM portal with the Principal Coordinator from Regional Centre, Vatakara. Regional language proficiency in Tamil and Malayalam prevail among the Academic staff of the Regional Centre. Involvement of the Academic in the corporate life of IGNOU by means of participation in the creativity challenge organized by IGNOU was also evident. The achievements of Regional Centre, Cochin as available in the Regional Centre Cochin Website at the link <http://rccochin.ignou.ac.in/aboutus/5> was also visited.



*NAAC Observer at Model Study Centre 14000, Regional Centre Campus*



*NAAC Observer at LSC 1402 Sacred Heart College, Thevara*



*NAAC Observer at LSC 1402 Sacred Heart College, Thevara*

A visit was made to Two LSC under Regional Centre, Cochin in the afternoon of 2nd January, 2021. The Sacred Heart College (NAAC accredited as Centre with Potential



for Excellence) situated in Thevara, Cochin and Al-Ameen College, (NAAC accredited institution) situated in Edathala, Cochin were visited.



*NAAC Observer at LSC 14184 Al-Ameen College, Edathala, Aluva*

The Power point used at the Regional Centre, LSC 14000, LSC1402 and LSC 14184 have been uploaded in the HQ and Regional Centre website at the link [http://rccochin.ignou.ac.in/news/detail/1/Power\\_Point-Presentations-170](http://rccochin.ignou.ac.in/news/detail/1/Power_Point-Presentations-170). The entire video of the visit has been uploaded in IGNOU Regional Centre Cochin website at [http://rccochin.ignou.ac.in/news/detail/1/Video\\_of\\_NAAC\\_Peer\\_Team\\_Visit\\_at\\_Regional\\_Centre\\_Cochin\\_on\\_02\\_01\\_2021-172](http://rccochin.ignou.ac.in/news/detail/1/Video_of_NAAC_Peer_Team_Visit_at_Regional_Centre_Cochin_on_02_01_2021-172) and photographs taken during the eve at [http://rccochin.ignou.ac.in/news/detail/1/Photos\\_of\\_NAAC\\_Peer\\_Team\\_Visit\\_at\\_Regional\\_Centre\\_Cochin\\_on\\_02\\_01\\_2021-171](http://rccochin.ignou.ac.in/news/detail/1/Photos_of_NAAC_Peer_Team_Visit_at_Regional_Centre_Cochin_on_02_01_2021-171).

## **Induction Meeting (July 2020)**

### **Facebook Live Induction Meeting through Official Facebook page of IGNOU Regional Centre, Cochin**

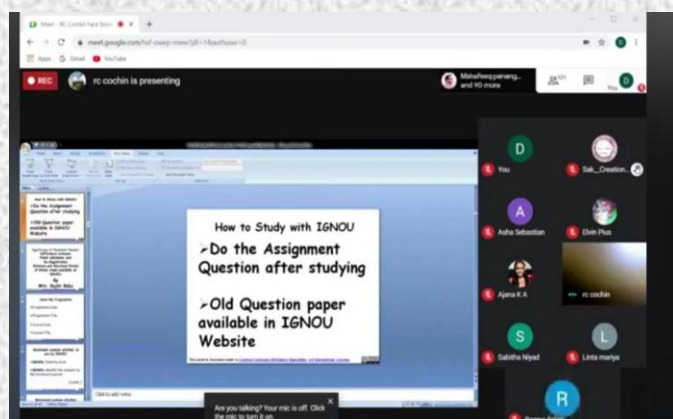
A Live Facebook Online/Virtual Induction Meeting hosted by IGNOU Regional Centre, Cochin was conducted through Google Meet platform on 28th January, 2021 from 11.30 am to 2.00 pm and the session was live streamed through the Official Facebook page of IGNOU. Around 100 participants attended the meeting and has received about 5.5k views in Facebook page of IGNOU as on 06.02.2021. The meeting was administered and coordinated by Dr. Praseetha Unnikrishnan, AD and technical assistance for the same was provided by Shri. Muhammad Ansar T.A., AEDP.

Dr. J.S. Dorothy, Regional Director welcomed all the participants and invited Dr. Hema Pant, Deputy Director, RSD, IGNOU Head Quarters, Delhi for the meeting. Dr. Hema Pant addressed the participants by giving a brief about the history, structure and functions of IGNOU. The importance of Support services and the role of Regional Centre and Study Centre in the Learner's journey with IGNOU was highlighted besides, of how this would enable

the learners for the successful completion of their programme was specifically emphasized.

Dr. J.S. Dorothy, Regional Director addressed the learners on how to study with IGNOU. The importance of Self-check questions and use of study materials online was highlighted alongwith the importance of life skills for a Distance Learner. It was emphasized that Honesty, Taking one day at a time, Persistence, Expression of Interest, Stead fastness and Peer Interaction are very important life skills for a Distance Learner to enable him/her cope up with the Professional, Social and Educational responsibilities.

Ms. Sujini Babu, Assistant then explained about the significance of Enrolment Number, the difference between Fresh Admission and Re-registration, Minimum and Maximum period of Study made available at IGNOU. Dr. L. Chandra Sekaran, PS then elaborated on the facilities available at Regional Centre, Cochin for the Learners in which the facilities available for students through the IGNOU website and Regional Centre, Cochin website was elaborated.



*Screenshot of the Live Facebook Online/Virtual Induction Meeting through Google Meet platform live streamed through the Official Facebook page of IGNOU on 30.01.2021*

Sh. K.J. Joseph, SO explained about the importance of Study Materials, its structure and how one can download the same from the IGNOU website. Sh. Joseph also explained about the pre-requisites of Scholarship for special clientele and how one can apply for the same.

Dr. Sindhu P. Nair, Deputy Director explained about the Facilities available at the Learner Support Centres and about Online Counseling session to the learners in which it was mentioned that Online/Virtual platform would be used due to the COVID-19 pandemic situation. The process of intimation of the schedule to Learners by uploading in the Regional Centre website and intimation through SMS/email was highlighted. The Learner etiquette needed was also informed to learners.



Dr. V.T. Jalajakumari, Asst. Regional Director explained about the Internal Assessment at IGNOU specifically emphasizing on modalities of writing and submitting assignments. The online method of uploading assignment response and the procedure for downloading of Assignment questions from IGNOU website was explained.

Dr. S. Vijayaragavan, Asst. Regional Director explained about Examination and Convocation to the students in which online submission of Examination form was highlighted. The Convocation being held once in a year was also informed to the Learners.

Dr. Praseetha Unnikrishnan, Asst. Director lastly summarized the session by covering the main points as a Checklist starting from downloading of ID card to receiving of Certificate from IGNOU, so as to enable the Learners to successfully complete their programme from IGNOU.

### Induction Meeting through Webex platform

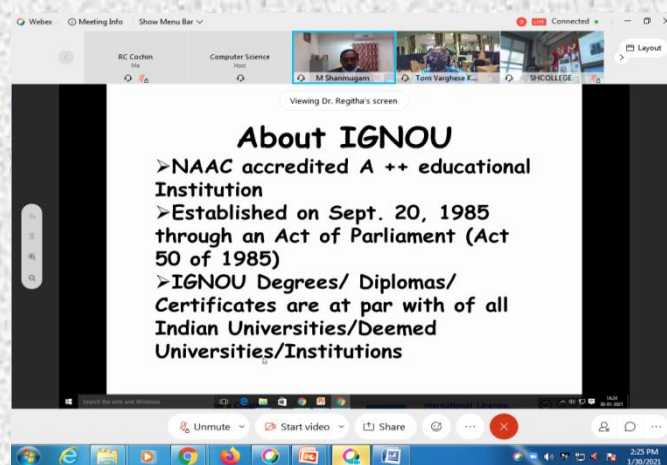
An Online/Virtual Induction Meeting hosted by Sacred Heart College, Thevara (SC1402) in coordination with IGNOU Regional Centre, Cochin was conducted through CISCO/Webex platform on 30th January, 2021 from 2.00 pm to 5.00 pm. Around 230 participants attended the meeting and 426 participants watched the proceedings live on You tube. As on 05.02.2021, the You Tube live streaming link has received about 4.9k views

Dr. Tom Varghese, Coordinator, IGNOU Study Centre, SH College, Thevara welcomed all the participants and invited Rev. Fr. Prashant Palackappillil, Principal of Sacred Heart College, Thevara for the inaugural address. Rev. Fr. Prashant Palackappillil, Principal, SH College, Thevara gave a brief about SH College, Thevara and how IGNOU students can access the facilities of SH College, Thevara for the purpose of their study. Rev. Fr. Prashant Palackappillil, Principal, SH College, Thevara ended by extending warm wishes to the students for the successful completion of the programme enrolled.

Dr. M. Shanmugam, Director, RSD, IGNOU Head Quarters, Delhi addressed the participants by giving a brief about the history, structure and functions of IGNOU. Dr. M. Shanmugam highlighted the importance of Support services and the role of Regional Centre and Study Centre in the Learner's journey with IGNOU and emphasized specifically of how this would enable the learners for the successful completion of their programme.

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*Inaugural address by Dr. M. Shanmugam, Director, RSD, IGNOU Head Quarters, Delhi during the Online/Virtual induction Meeting on 30.01.2021*

Dr. Hema Pant, Deputy Director, RSD, IGNOU Head Quarters, Delhi further welcomed the learners to the meeting and briefed them about the importance and structure of Study materials of IGNOU. The importance of Self-Check Questions at the end of each Unit and downloading of Question papers was highlighted by Dr. Hema Pant.

Dr. J.S. Dorothy, Regional Director addressed the learners on how to download the IGNOU study materials online and highlighted the importance of life skills for a Distance Learner. It was emphasized that Honesty, Taking one day at a time, Persistence, Expression of Interest, Stead fastness and Peer Interaction are very important life skills for a Distance Learner to enable him/her cope up with the Professional, Social and Educational responsibilities.

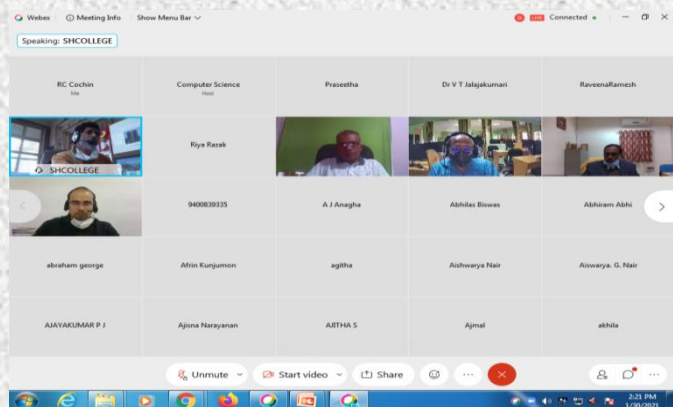
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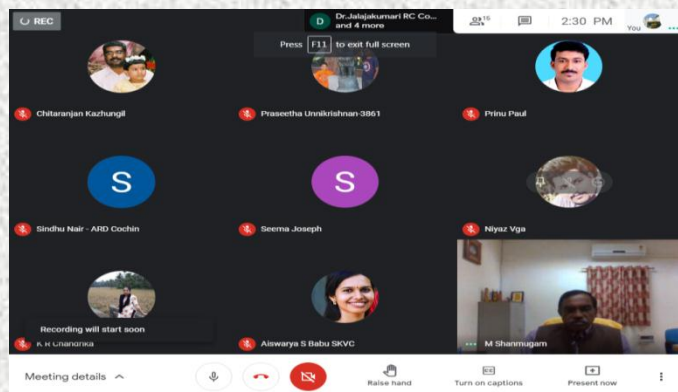


*Participants during the Online/Virtual induction Meeting on 30.01.2021*

Dr. Praseetha Unnikrishnan, Asst. Director lastly summarized the session by covering the main points as a Checklist starting from downloading of ID card to receiving of Certificate from IGNOU, so as to enable the Learners to successfully complete their programme from IGNOU.

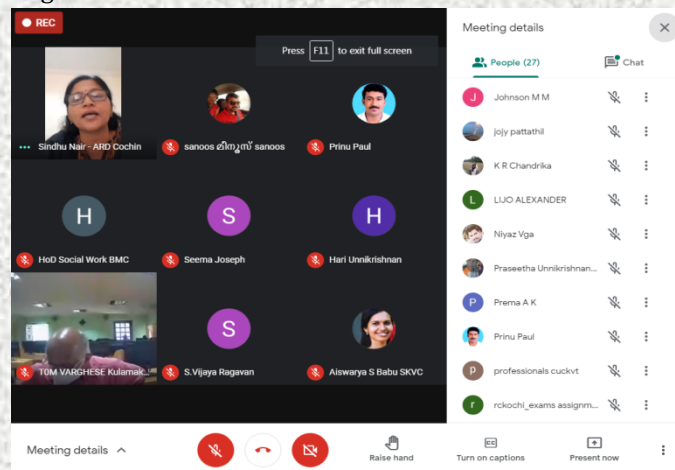
## Exam Centre Superintendents Meeting

The exam Superintendent meeting for Dec, 2020 was organized on 03.02.2021 at IGNOU Regional Centre Cochin through Google meet for December TEE 2020. The meeting began with a welcome address by Dr. Praseetha Unnikrishnan, Assistant Director Regional Centre Cochin.

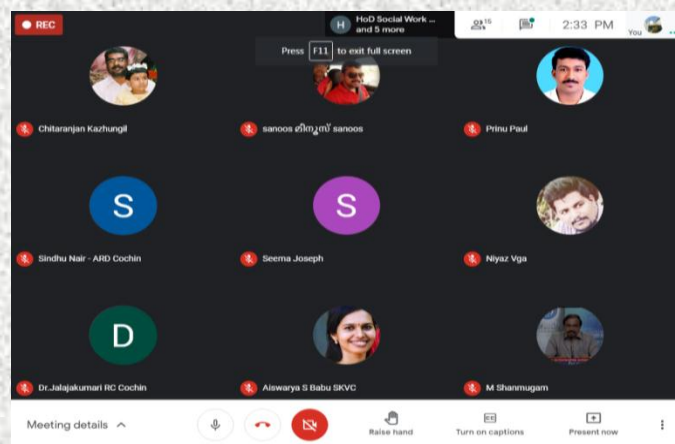


*Inaugural address by Dr. M. Shanmugam, Director, RSD, IGNOU Head Quarters, Delhi during the Online/Virtual Exam Superintendent Meeting on 03.02.2021*

This followed with Inaugural address by Dr. M Shanmugam, Director, Regional Services Division (RSD). The Director RSD emphasized upon the importance of pre- Examination activities at Regional Centre and also conveyed his greetings for smooth conduction of Term End Examination December 2020 under Regional Centre Cochin. The meeting was presided by Dr. J.S. Dorothy Regional Director IGNOU Regional Centre Cochin who highlighted the instruction pertaining to receipt of question papers, scheme of dispatch of blank answer sheets, Abstract and attendance to the Exam Centres under Regional Centre Cochin.



*Dr. Sindhu P. Nair, DD addressing the participants during Online/Virtual Exam Superintendent Meeting on 03.02.2021*



*Participants of Online/Virtual Exam Superintendent Meeting on 03.02.2021*

The meeting was coordinated by Dr. S Vijayaragavan, Asst. Regional Director who was also the nodal officer for Examination at Regional Centre Cochin. Dr. S. Vijayaragavan, ARD highlighted the mode of observer deputation to the Examination Centres and methods of online question paper delivery system for smooth conduction of TEE Dec 2020 Examination. The significance of the pre arrangement for Term End Examination for December 2020 at the Exam Centres and seating



arrangement for the examination and preventing COVID-19 infection and sanitation of the exam Centres on daily basis. The importance of strict social distancing while writing the examination by the examinees and also timely sending acknowledgement to Regional Centre for receipt of the confidential pockets at Exam Centres for smooth conduction of December TEE 2020 was also emphasized. Online question paper delivery system was highlighted. Dr. Sindhu P. Nair, DD discussed about help desk during Examination with special reference to Differently abled learners in integrated Examination hall.

Sh. Joji S Pattathil, Deputy Registrar Regional Evaluation Centre Cochin discussed the information about jurisdiction for sending Answer script to Regional Evaluation Centre Cochin. The meeting was interactive with lots of deliberations and interactions.

### Orientation Programme for Part-Time Staff

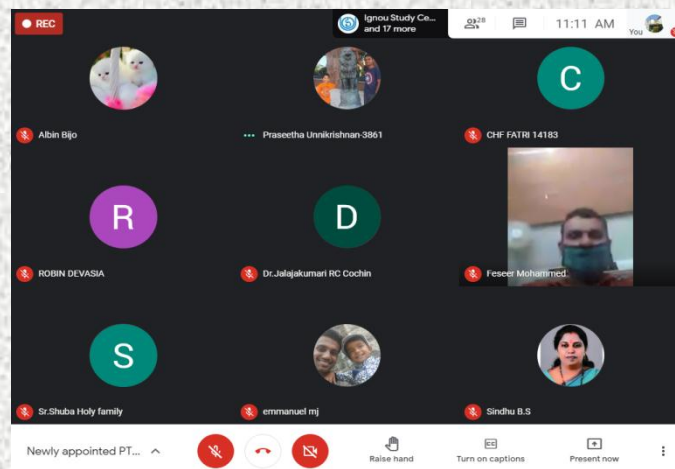
Indira Gandhi National Open University, Regional Centre Cochin conducted the virtual meeting for the Newly Appointed Part-Time Staff of Learner Support Centre (LSC) on 18th March 2021 through Online/Virtual mode. Among the 32 LSC in operational mode under Regional Centre Cochin, 15 newly appointed Part-Time Staff participated in the meeting. Including the Regional Centre staff there were totally 23 participants in the virtual meeting conducted for newly appointed PTS. The meeting was coordinated and administered by Dr. V. T. Jalajakumari, Asst. Regional Director.

In the inaugural address, Dr. J.S. Dorothy, Regional Director emphasized the need and relevance of virtual mode of transactions in academic and administrative matters in the current scenario of COVID-19 pandemic and highlighted the updated information of IGNOU regarding fresh admission July 2021.



Presentation by Dr. V.T. Jalajakumari, ARD during the Virtual/Online Meeting for Part-Time Staff of LSC on 18.03.2021

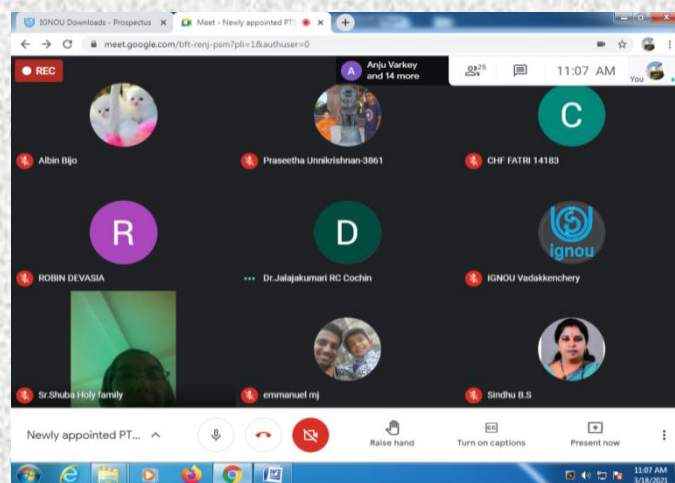
Dr. Praseetha Unnikrishnan, AD then did a presentation on Fresh Admission - Re-registration of Jan 2021 strategies and SC/ST fee exemptions for July 2021 admission session wherein, the importance of primary information regarding fresh admission from LSC and the role of Part-Time staff for sharing it was highlighted.



Dr. Praseetha Unnikrishnan, AD addressing the participants during Virtual/Online Meeting for Part-Time Staff of LSC on 18.03.2021

Dr. V. T. Jalajakumari, ARD made a detailed presentation on status of empanelment of Academic Counselors in the online portal, status of Part-Time Staff appointment on the basis of student enrolment. The participants were encouraged to support the coordinator for the pending renewal of academic counselors.

Dr. J.S. Dorothy, Regional Director discussed about Guidelines for online Assignment submission and Evaluation Activities, Uploading of Assignment Awards in ARSMS-Online portal, Conduct of Practical and Theory Term End Examination June 2021-Arrangements and preparations in the third technical session.



Participants of Virtual/Online Meeting for Part-Time Staff of LSC on 18.03.2021



Dr. Sindhu P Nair, Deputy Director of Regional Centre Cochin presented in the fourth technical session about the administrative and financial matters focusing on the closing of accounts for the financial year ending. Sh. K. Muraleedharan, SO delivered vote of thanks to one and all.

### Term End Examination (December 2020)

The IGNOU Term End Examination for December 2020 was conducted in Face-to-Face mode from 17<sup>th</sup> February-17<sup>th</sup> March 2021 as per the COVID-19 protocol with support from Exam Centre Superintendents/Coordinators /Exam Centre Staff of all Examination Centres. There were 66698 students registered for the examinations.

The Examinations were conducted smoothly at 14 Examination Centres under the jurisdiction of Regional Centre, Cochin at Ernakulam, Kottayam, Idukki, Thrissur and Union Territory of Lakshadweep with 66698 registered examinees. The Model Study Centre SC 14000 functioning from Regional Centre Campus also served as the Examination Centre with the cumulative strength of 7937 Examinees.

### Online Counseling

As an innovative initiative undertaken by Regional Centre, Cochin; clubbed Online Counseling sessions were conducted for January 2020 and July 2020 learners with support all LSC during this period. The same was coordinated by Dr. V.T. Jalajakumari, ARD and Ms. Sujini Babu, Asst. From January, 2021 to March, 2021, around 258 Counseling sessions were conducted during this period.

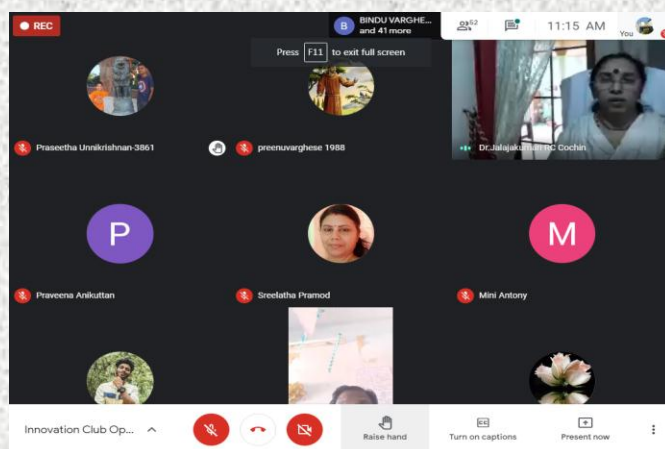
### Innovation Club Activities

The Innovation Club at Regional Centre, Cochin was initiated under the encouragement of the National Centre for Innovation in Distance Education (NCIDE) of IGNOU. The sessions are being held at Regional Centre, Cochin with an objective to enrich and generate awareness amongst the learners of IGNOU on a wide range of topics ranging from Exploring Social and Biological Perspectives of Women Empowerment to Digital Services of IGNOU through which the learners were made aware about various issues and motivated to think innovatively, generate ideas and embark on a path which could lead to future development of the Nation.

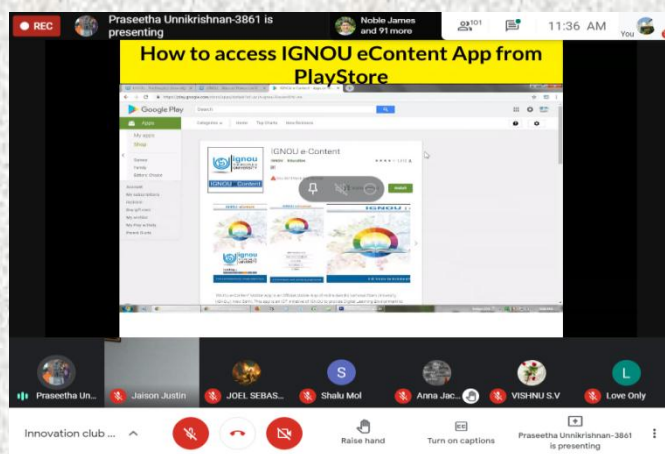
Two Online/Virtual monthly lecture identified as Open cum Enrichment Session were held at the Regional Centre, Cochin as per the following schedule during this period. The meetings were coordinated/administered by

Dr. Praseetha Unnikrishnan, AD who is also the Nodal Officer for the Innovation club activities at Regional Centre, Cochin.

S. No	Date	Resource Person	Topic of Presentation
1	19.01.2021	Dr. V.T. Jalajakumari, ARD, IGNOU, RC Cochin	Exploring Social and Biological Perspectives of Women Empowerment
2	17.03.2021	Dr. Praseetha Unnikrishnan, AD, IGNOU, RC Cochin	Digital Services of IGNOU



Screenshot of the Virtual/Online Open Session cum Enrichment Session on 19.01.2021



Screenshot of the Virtual/Online Open Session cum Enrichment Session on 17.03.2021

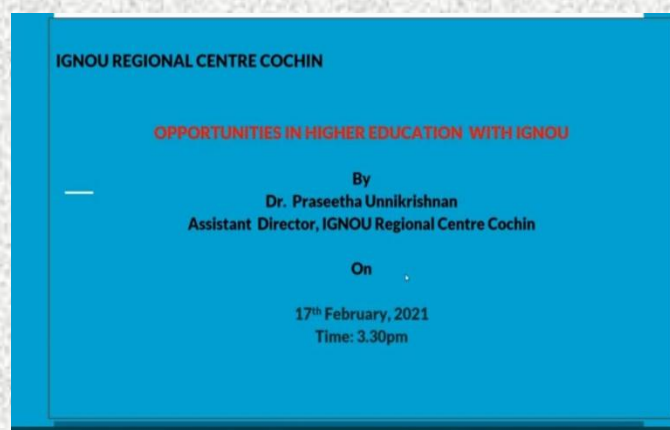
### Promotional initiatives

Online/Virtual Promotional Meetings, Campaigns and Events with a view to improve enrolment for January 2021 Admission cycle was organized by the Regional Centre, Cochin through various Study Centres and other

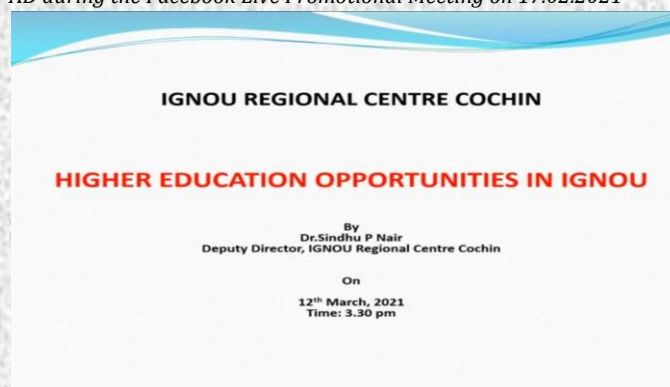
Institutions to promote IGNOU programmes by reaching out to the unreached. Facebook Live sessions were also organized for the Learners/General public associated with Regional Centre, Cochin for sharing of information pertaining to IGNOU Admissions for January 2021.

The Live Programme using Regional Centre Cochin Official Facebook Page was Administered/Coordinated/interacted by the Academics of Regional Centre, Cochin. The Technical support for the Face Book Session Programme was provided by Sh. Muhammad Ansar T.A., AEDP, Regional Centre Cochin.

S. No	Date & Time	Meeting organized/ administered by	Participants	Purpose
1.	29.01.2021	Dr. V.T. Jalajakumari, ARD	Around 25 Employees of KILA participated	Promotional activity for MARD, PGDRD, PGDUPDL, DPLAD and CDM in the Academic meeting held at SH College, Thevara under the banner of Kerala Institute for Local Administration (KILA).
2.	17.02.2021	Dr. Praseetha Unnikrishnan, AD	The Facebook session was viewed by many and has 1.7k views, 44 comments and 4 shares	Facebook Live session on topic 'Opportunities of Higher Education with IGNOU'
3.	09.03.2021	Dr. V.T. Jalajakumari, ARD	Indoor Video recording for a series of Digital Promotional Activity	Indoor Video recording for a series of Digital Promotional Activity for IGNOU SC 14187, St. Michaels College, Cherthala
4.	12.03.2021	Dr. Sindhu P Nair, DD	The Facebook session was viewed by many and has 1.7k views, 36 comments and 3 shares	Facebook Live session on topic 'Opportunities in Higher Education with IGNOU'



Screenshot of Presentation presented by Dr. Praseetha Unnikrishnan, AD during the Facebook Live Promotional Meeting on 17.02.2021



Screenshot of Presentation presented by Dr. Sindhu P. Nair, DD during the Facebook Live Promotional Meeting on 17.02.2021



Promotional Activity by Dr. V.T. Jalajakumari, ARD during Academic meeting held at SH College, Thevara under the banner of Kerala Institute for Local Administration (KILA) on 29.01.2021

## Other Activities at Regional Centre, Cochin

### International Women's Day

The International Women's Day was celebrated at Regional Centre Cochin on 8th March 2021.

The Talk show by the staff on Gender Sensitization, equality, Women's health, Education, Empowerment, Safety and Security, Instances of misused liberty were shared amongst the participants. Case Study experience



from personal life was appreciated more as it dealt with the realities of life.



*Staff of Regional Centre, Cochin during the Women's Day Celebration at the Regional Centre, Cochin on 08.03.2021*

### Republic Day Celebration

The Republic Day celebrations was held at Regional Centre, Cochin on 26.01.2021. The staff of Regional Centre, Regional Evaluation Centre, Cochin and Model Study Centre SC 14000 participated in the celebrations. Former Regional Director, RC Cochin, Dr. S. Divakaran and Dr. Sreedharan, Retd. Dy. Registrar, RC Cochin also graced the occasion by their presence.



*Flag Hosting Ceremony during the Republic Day Celebration at the Regional Centre, Cochin on 26.01.2021*

### Study Centre Corner

#### SC 14181 JPM Arts and Science College, Kattappana

John Paul Memorial College is the result of the dream of a group of fathers of the St. Joseph's Province of CST Fathers Aluva, to provide education to the economically and culturally less advantaged people of the High Ranges. In 2005 upon the request of neighbouring parents, priests in the ashram arranged tuition programme in front of the

Little Flower Ashram Chapel. Later the demands of the people lead them to start a private open regular junior college which later metamorphosed in the forms of Private Degree College in Idukki District and later to the functioning of UG and PG courses affiliated to MG University, Kottayam in 2008.



*Entrance of JPM Arts and Science College, Kattappana*

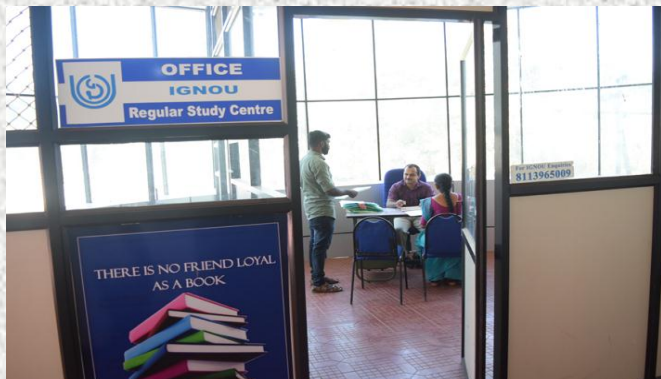
JPM Educational Institutions consists of John Paul Memorial B. Ed College, JPM Arts and Science College and JPM Junior College overlooking to the busy Kattappana-Kuttikkanam stretch of the Kattappana-Kottayam state highway in Idukki District. The college has been maintaining excellent results since its inception. At the time of announcement of university results, JPM is one of the top scorer in Idukki district. To enhance the quality of students the college periodically conducts national seminars, add-on-courses, department wise intercollegiate fests, industrial visits, training programmes etc. This College is located only 5.6 kilometres away from Kozhimala tribal settlement which is the only existing tribal kingdom in South India that falls under the Kanchiyar Grama Panchayath of Idukki tehsil. JPM College is an easy access to the culturally and economically disadvantaged sections of that community and the students from the community pursue their degree studies at JPM. The College also conducts many of its extension activities in connection with the Mannan community of Kovilmala.

The College is keen in maintenance of high discipline among the students which will go a long way in fine tuning their potential. The College also provides excellent lab and library facilities for its students including the subscription of various magazines, national and international journals, Civil Service, UPSC,SSC competition materials etc.

JPM Arts and Science College was granted the Minority Status by Central Government of India on 28/06/2013 and was given the number 1230/2013/7078 in their official



records. In connection with the decennial celebration of the college (2005-2015) JPM Career Academy- coaching Centre for competitive examinations was started on October 2015. In the same year College had become the first ISO - 9001:2008 certified college in Idukki district. In 2016 JPM had become a registered trademark.



*IGNOU Study Centre 14181 JPM Arts and Science College, Kattappana, Idukki District*



*Fr. Tony Thomas, Coordinator of IGNOU Study Centre SC 14181 JPM Arts and Science College, Kattappana at IGNOU Office*

IGNOU Study Centre SC 14181 is functioning from the campus of JPM Arts and Science College, Kattappana. It is a Regular Study Centre established under Regional Centre Cochin in the year 2017 with 52 students and has presently grown to 172 IGNOU students as on July, 2020. There are Eleven IGNOU programmes (at Masters, Bachelors and PG Diploma level) activated at this Study Centre.

IGNOU Regional Centre Cochin thanks Fr. Tony Thomas, the Coordinator IGNOU Study Centre SC 14181 JPM Arts and Science College, Kattappana for providing inputs on behalf of the Management of Host Institution of Learner Support Centre 14181 for this issue of Newsletter.

## Meet an IGNOU Learner



This 'Meet an IGNOU Learner' is about Dr. Suma Subramanyan, a student of Master of Arts in Psychology (MAPC) at IGNOU. She is working as an Assistant Professor of Chemistry Department at K.K.T.M. Government College, Pullut, Thrissur. Her profile was shared to Dr. Praseetha Unnikrishnan, AD for use in the Newsletter of IGNOU Regional Centre, Cochin.

Dr. Suma did her Ph.D in Chemistry from Department of Applied Chemistry, CUSAT in the year 2016. Dr. Suma joined IGNOU to fulfil her dream to pursue a degree in psychology. About her experience with IGNOU, she expresses that it was a wonderful experience studying with IGNOU as she has made a good number of friends from varied age groups. Dr. Suma appreciates the efforts put forth by the Academic Counselors from IGNOU who were very helpful and cooperated whole heartedly with the syllabus and course of study. About IGNOU Academic Counsellors and her experience with IGNOU, Dr. Suma shares that:

*"They are not only teachers but feels like one amongst us. Their support and unconditional love helped me to step up in the course. As I am a teacher, the subjects covered in the syllabus, practical's internships were very much helpful to my profession. Now I am so much proud to say that, i have added one another golden feather to my profile."*

*IGNOU Regional Centre, Cochin appreciates her spirit, dedication, motivation and is proud of her achievements and wishes her all the best in all her future endeavors!*

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